



PREVENTION STARTS AT HOME: GET A FREE RADON TEST KIT AND PROTECT YOUR FAMILY FROM LUNG CANCER

Dear colleagues,

On behalf of Ottawa Public Health and the *Take Action on Radon* organization, I encourage you to share this opportunity to test indoor air for radon, at no cost to the homeowner. The first 500 residents to register are eligible to receive a free radon test kit, and everyone can learn more about how easy it is to test for radon gas in their homes.

Now is the perfect time to test for radon gas when we spend more time indoors. All residents in the City of Ottawa are invited to participate in the 100 Radon Test Kit Challenge, a program that provides free radon test kits. *Take Action on Radon* is a national initiative funded by Health Canada that works to bring together radon stakeholders and raise radon awareness across Canada. The initiative is led by the Canadian Association of Radon Scientists and Technologists (CARST), CAREX Canada, and the Canadian Cancer Society.

The leading cause of lung cancer in non-smokers, radon gas can be found in elevated concentrations in homes across the country. Persons who smoke, and people regularly exposed to second-hand smoke are at even higher risk of lung cancer if they also have long-term exposure to high levels of radon. While Canada has had a National Radon Plan for over a decade, many Canadians remain unaware of this dangerous gas.

Residents are encouraged to

- Sign up for the program at <https://takeactiononradon.ca/100-radon-test-kit-challenge/>
- The first 500 people registering will be eligible for a free radon test kit. The registration link will be active starting on **Thursday November 4, 2021 at 8:00 a.m.**
- Those who register should also be available to attend the **free online Radon Information Session on Tuesday November 16, 2021** to learn more about the health effects of radon, why it's a concern in our area, and Health Canada recommendations on reducing radon levels. The information session, hosted on Zoom and Facebook live, will provide participants with details on where and when to pick up the radon detector kits at one of four Ottawa Public Library locations. The link to this session in English at 6:30 p.m. and in French at 7:30 p.m. will be shared with those who register for a free test kit. When participants register, they will be able to choose their pickup location. More details will be provided during this radon information session.

To learn more about radon and how to test your home, visit: [TakeActionOnRadon.ca](https://takeactiononradon.ca)



Please share this information with your community as soon as possible as only the first 500 people who register will receive a free radon test kit! Registration begins at 8 a.m. on November 4, 2021.

Signed by

Councillor Keith Egli, Chair
Ottawa Board of Health

Sample Social Media Posts:

Heard about #radon, but not sure what to do? #TakeActionOnRadon is providing FREE radon detectors to test your home! Sign up and join us for a free radon information session and get FREE radon detector! <https://takeactiononradon.ca/100-radon-test-kit-challenge/> #takeactiononradon #100RadonTestKitChallenge

Register for a FREE radon test kit and join the *Take Action on Radon-100 Radon Test Kit Challenge!* Ottawa residents are eligible to get 1 of 500 free radon test kits. Registration starts 8 a.m. on Nov 4: <https://takeactiononradon.ca/100-radon-test-kit-challenge/>. #TAOR #OPH

Additional Information:

Ottawa Public Health – Radon in your home:

<https://www.ottawapublichealth.ca/en/public-health-topics/radon-in-your-home.aspx>

Health Canada – Radon, Another reason to quit (smoking):

<https://www.canada.ca/en/health-canada/services/environmental-workplace-health/reports-publications/radiation/radon-another-reason-quit-fact-sheet-health-canada-2010.html>